

EMERGENCY ACTION CARD

1. **TAKE CHARGE** - Preferably a club coach. Allocate responsibilities.
 2. **SECURE WING** and any other potential dangers. Don't let the situation get worse.
 3. **ADMINISTER ESSENTIAL FIRST AID**. **Do not move anyone with potential back or head injury** unless they have stopped breathing or are in immediate danger. Remember: **A**irway, **B**reathing, **C**irculation
 4. **DIAL 999**, ask for ambulance. Advise "**paragliding accident, fall from height, suspect significant injury, difficult access, helicopter needed**". Give OS grid ref. When helicopter dispatch confirmed, give phone to first aider - dispatcher can advise.
 5. If casualty is in difficult terrain **CALL MOUNTAIN RESCUE**. Dial 999, ask for **POLICE** first, then **MOUNTAIN RESCUE**. Give grid ref.
 6. **PREPARE FOR HELICOPTER**. Clear airspace. Use radio (dub freq 143.850 MHz), or whistle blasts - anything that works. Secure all equipment. Construct large H on ground with wings - to be secured when helicopter arrives. When it does:
 7. **INDICATE CASUALTY**. Stand with arms in Y shape, back to the wind. Do not wave.
- You should read the Incident Management section of the club handbook frequently**
You should register your phone with the 112 service

Ver 4, Jan 2014



Dales Hang gliding and Paragliding Club Main Site grid references for Air Ambulance



Barkin	Sierra Delta 675 870
Brant Side	Sierra Delta 778 866
Cow Close	Sierra Delta 890 732
Dodd Fell	Sierra Delta 829 838
Hawkswick	Sierra Delta 951 713
Nont Sarahs	Sierra Echo 018 137
Semer Water	Sierra Delta 909 880
Stags Fell (DHPC Only)	Sierra Delta 870 927
Tailbridge	November Yankee 804 050
Wether Fell	Sierra Delta 868 867
Whernside	Sierra Delta 725 788
Windbank	Sierra Delta 966 704